






February 2017

Menu

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
			<p>1</p> <p>B: Bagel with cream cheese, apples and milk</p> <p>L: Chicken Stew with vegetables, rice, grapes, and milk</p> <p>PM Snack: Yogurt, pears and berry juice</p>	<p>2</p> <p>B: Pancakes, pears, and milk</p> <p>L: Meatball stew with vegetables, apples, and milk.</p> <p>PM Snack: Pretzels, grapes and fruit punch</p>	<p>3</p> <p>B: Cereal, bananas and milk</p> <p>L: Beef Stew with vegetables, rice, pears and fruit punch juice</p> <p>PM Snack: Graham crackers, apples, Grape punch juice</p>	<p>4</p>
<p>5</p>	<p>6</p> <p>B: Cereal, bananas and milk</p> <p>L: Hot Dogs, French fries, oranges and milk</p> <p>PM Snack: Goldfish crackers, pears, and berry juice</p>	<p>7</p> <p>B: Bagel with cream cheese, grapes and milk</p> <p>L: Beef Stew with vegetables, rice, pears, and fruit punch juice</p> <p>PM Snack: Yogurt, apples, grape juice</p>	<p>8</p> <p>B: Pancakes, pears, and milk</p> <p>L: Chicken soup with vegetables, oranges and milk</p> <p>PM Snack: Graham crackers, watermelon, and apple juice</p>	<p>9</p> <p>B: French Toast, grapes and milk</p> <p>L: Pasta with ground beef and marinate sauce and green salad, watermelon and milk</p> <p>PM Snack: Pretzel, apples, and grape juice</p>	<p>10</p> <p>B: Cereal, bananas and milk</p> <p>L: Grill cheese sandwich, green salad, pears, and milk</p> <p>PM Snack: Yogurt, oranges, and berry juice</p>	<p>11</p>
<p>12</p>	<p>13</p> <p>B: Cereal, bananas and milk</p> <p>L: Grill cheese sandwich, green salad, orange and milk</p> <p>PM Snack: Yogurt, pears and berry juice</p>	<p>14</p> <p>B: French toast sticks, grapes, and milk</p> <p>L: Teriyaki chicken with white rice, green salad, apples and milk</p> <p>PM Snack: Pretzels, grapes and fruit punch</p>	<p>15</p> <p>B: Bagel with cream cheese, grapes and milk</p> <p>L: Bean Burritos, green salad, orange, and milk.</p> <p>PM Snack: Graham crackers, apples, Grape punch juice</p>	<p>16</p> <p>B: Pancakes, pears, and milk</p> <p>L: Beef Stew with vegetables, rice, grapes, and milk</p> <p>PM Snack: Goldfish crackers, Oranges, and berry juice</p>	<p>17</p> <p>B: Cereal, bananas and milk</p> <p>L: Chicken nuggets, rice, vegetables, apples, and milk</p> <p>PM Snack: Yogurt, pears and berry juice</p>	<p>18</p>
<p>19</p>	<p>20</p> <p>Center Closed President's Day</p>	<p>21</p> <p>B: Cereal, bananas and milk</p> <p>L: Bean Burritos, green salad, orange, and milk</p> <p>PM Snack: Yogurt, pears and berry juice</p>	<p>22</p> <p>B: Pancakes, orange, and milk</p> <p>L: Beef Stew with vegetables, rice, pears and fruit punch juice</p> <p>PM Snack: Pretzel, apples, and grape juice</p>	<p>23</p> <p>B: French toast, grapes, and milk</p> <p>L: Grill cheese sandwich, green salad, orange and milk</p> <p>PM Snack: Graham crackers, watermelon and apple juice</p>	<p>24</p> <p>B: Cereal, bananas and milk</p> <p>L: Chicken soup with vegetables, oranges and milk</p> <p>PM Snack: Teddy graham, grapes and fruit punch</p>	<p>25</p>
<p>26</p> 	<p>27</p> <p>B: Cereal, bananas and milk</p> <p>L: Pasta with ground beef and marinate sauce and green salad, watermelon and milk</p> <p>PM Snack: Teddy graham, grapes and fruit punch</p>	<p>28</p> <p>B: French toast, grapes, and milk</p> <p>L: Hot Dogs, French fries, oranges and milk</p> <p>PM Snack: Yogurt, pears and berry juice</p>	 <p>Low fat milk 1%</p>	<p>Juice is 100% Fruit</p> 